

# Alan Goode

## Melbourne Workshop 29 - 31 May

Senior Iyengar teacher Alan Goode from Yoga Mandir, Canberra is joining us for an educational and inspiring weekend workshop.

One of Australia's most senior Iyengar Yoga teachers, Alan is also one of the world's most published Iyengar teachers.



Alan has extensive experience in teaching all levels from beginners through to advanced.

He trains teachers, conducts workshops, and runs professional support and development programs for teachers both here and overseas.

### Weekend Workshop Sessions

**Friday 29 May**

6:00pm – 7:30pm

**Saturday 30 May**

8:30am – 11:00am

1:00pm – 2:30pm

3:00pm – 4:00pm Afternoon tea with Alan

**Sunday 31 May**

8:30am – 11:00am

1:00pm – 3:30pm Teacher Training Workshop

*Upcoming Workshops:*

*James Bahuth 21 - 23 August*

Bookings at [www.yarravilleyoga.com.au](http://www.yarravilleyoga.com.au) or scan the QR code



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